Braselton Chapter Weston A. Price Foundation

Hello!

We have compiled a list of places where you can procure healthful and nutritious food. If you would like to add to this list, or you would like to join our local group you can <u>email us</u>. Our local Braselton chapter leader is Stephanie Zgraggen – <u>drzgraggen@gmail.com</u>.

If you are interested in learning more about the Weston A. Price Foundation please visit <u>www.westonaprice.org</u>

Farmer's Markets:

Braselton Farmers Market:

Offering either monthly or weekly Friday markets depending on the time of year. See link for calendar.

Athens Farmers Market

Offering two weekly farmers markets in Athens.

- 1. Saturdays at Bishop Park: 8am 12pm at Bishop Park -705 Sunset Drive, Athens All year long
- 2. Wednesdays at Creature Comfort 5pm 8pm at Creature Comforts 271 W Handcock Drive, Athens March through November.

Raw Milk:

<u>Muddy H Farms:</u> Gainesville, GA Offering raw milk, beef, chicken

MR Goatfeathers Farm: Flowery Branch, GA - mrgoatfeathers@gmail.com

We are not open as a store to the public. We do pre-order only for milk and eggs. Order via text at 678-617-5515 or call and leave a message. You will receive notification of where and when you can pick up. We sell raw milk under the GA Dept of Agriculture Pet Food License.

Livin My Dream Farm: Commerce, GA livinmydream.com@gmail.com

Raw Milk (Pets) Resources

Resources for raw milk (for pets) in your local area

Joy Co Market: Braselton, GA - (706) 499-8094 offers raw cow milk. They usually sell out quickly, so call or message before you go to determine their stock level.

Traditional Foods and Beverages Resources

Cultured Food Life

Articles and videos on cultured foods and beverages

Healthy Home Economist

Articles and videos on traditional cooking including broths and cultured foods and beverages

Nourished Kitchen

Articles and videos on broths, cultured foods and beverages, sour dough breads and more

Wellness Mama Articles and videos on the fermented drink (Ginger Bug) and more wellness info

Local Food Co-Ops

Athens Farmers Market

Athens Farmers Market: Mailing info (Po Box 222 Hull,GA30646)

Carlton Farm Pick up and Home Delivery

Drop off locations: Duluth, Kennesaw, Tucker, Woodstock Pop up Markets: Alpharetta/Roswell, Buford, Cumming, Dunwoody, East Atlanta Village, Marietta, Powder Springs, Rome and Woodstock Home Delivery: options available as well Offer raw milk, fresh organic fruits and vegetables, grass fed meats, free range eggs, cultured foods/beverages and so much more

Fresh Harvest (Delivery)

Local organic produce, meats, eggs, dairy (NOT raw), bakery, beverages, pantry, health and beauty, merchandise and flowers

GA Sky Farm (Gainesville Area)

Farm uses organic principles and sustainable agricultural methods. Vine-ripened fruits and veggies, pastured, free range chickens and ducks, raw goat's milk (fresh and frozen), local honey, fresh baked goods with gluten free options and farm crafts

Living Well Farmers Market (formerly Suwanee Co-Op)

Local Co-op (raw milk, fresh organic fruits and vegetables, grass fed meats, free range eggs, cultured foods/beverages) and much more

Purchase various products based on the area you live

My Dad & Me Family Farm, Inc (Powdered Springs)

Annual Membership fee of \$35.00 - Farm Address: 3698 Velma Drive, Powder Springs, Georgia 30127 Raw goats and cow's milk (pet consumption), 100% grass fed meats, pastured eggs, organic chickens (soy and GMO free feed), vegetables, baked goods including GF, and other market/farm items

Local Meat

Harris Meats:

Fresh, local meat market and meat processor. Offering locally grass fed meats. HARRIS MEATS HOMER 1554 Mccoy Bridge Road, Homer, Georgia 30547 - 706-677-9000

White Oak Pastures

Offering grass-fed beef and lamb and heritage pork.

<u>Broad River Beef</u>: offers all natural, grass finished beef. Free delivery in NE Georgia. 10% discount for WAPF members at this link. <u>https://www.broadriverbeef.com/wapf-store</u> Password is Wise1. <u>family@broadriverbeef.com</u> (706) 310-8060

<u>Mountain Valley Farm</u>: Offering dry aged grass fed beef, free range heritage pork, lamb, pastured eggs, pastured chickens, creamery, butter, ice cream, handmade cheese - 2021 Homer Wright Road Ellijay, GA 706-889-0999 <u>http://grassfedgeorgia.com/</u>

Internet Sources for Purchase

Thrive Market

<u>Vitacost</u>

Vitacost offers a large variety of organic and specialty food and supplement items. You can search by paleo, gluten free, vegan, etc. You can get organic baby supplies and so much more. Prices are discounted and shipping is discounted or free depending you the order size.

LOCAL WEBSITES

North Georgia Farm Trail

Website listing all of the pick and eat farms in north Georgia.

<u>Local Harvest</u> Link of local CSA opportunities in our area

Eat Wild

Link of local pastured products in our area.